



FALL ENRICHMENT PROGRAM

Trimester 1: September 12 – December 21, 2018

Register online at preschool.firstchurchlf.org/extended-day. Registration begins August 6, and ends August 24.

MONDAY

Little Dreamers

Weekly music classes culminating in a Musical Christmas Performance

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
10/8 and 11/19

TUESDAY

Ooey Goey

For kids who like to get their hands dirty!
Shaving cream, different kinds of slime, potion-making, play dough, and paint.
Let us do the dirty work so you don't have to at home!

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
10/30 and 11/20

WEDNESDAY

Train Like a Superhero

Everyone will dress in a Super Hero costume and enjoy agility, obstacle courses, drills and lots of FUN!

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
10/17, 10/31 and 11/21

THURSDAY

Art in Nature

Outdoor exploration, gathering items from nature and creating an art project.

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
10/18, 11/22 and 12/13

FRIDAY

Fantastic Chefs

Fun time baking and cooking for the future chefs!

Class is 60 minutes long:
12:30 – 1:30 PM

Program not in session:
9/21, 10/19, 11/16, 11/23, 12/7



SNACK AND PLAY

Trimester 1: September 12 – December 21, 2018, 11:30 AM – 12:30 PM

Online registration begins on August 27 at preschool.firstchurchlf.org/extended-day.

SNACKS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
crackers	bagel	bagel	crackers	bread sticks
cheese	cream cheese	cheese	cheese	cheese stick
turkey or ham option	fruit	turkey or ham option	turkey or ham option	fruit
fruit	vegetable	fruit	fruit	vegetable
vegetable	yogurt	vegetable	vegetable	yogurt
yogurt	water	yogurt	yogurt	water
water		water	water	

Children will be offered a variety of these food options per day. Fruits and vegetables will be based on seasonal availability; some items may be sliced apples, carrots, bananas, oranges and celery. We will always have on hand graham crackers, applesauce and raisins as well.