



ENRICHMENT CLASSES

Trimester 3: March 30 – May 15, 2020

Register online at preschool.firstchurchlf.org/extended-day. Registration begins February 26, and ends March 12.

MONDAY

3, 2, Wonder: Simple Machines

Simple machines are basic tools we use to make our work easier. Join us as we learn about simple machines through making inclined planes, levers, pulleys, and wheels and axles.

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
4/6, 4/13, 5/4

Cost \$132, 4 sessions

TUESDAY

Hands On Science

Having fun observing, asking questions, touching, smelling, and conducting experiments. Prepare to really get into science and give your child a chance to make discoveries on their own.

Class is 60 minutes long:
12:30 – 1:30 PM

Program not in session:
4/7

Cost \$228, 6 sessions

WEDNESDAY

Yoga for Kids!

In this playful yoga class designed for preschool-aged children, students will learn yoga poses, breathing, and relaxation exercises in order to build body awareness, cultivate a calm mind, increase strength and flexibility, improve gross and fine motor executive functioning, improve concentration, and help them understand how to identify and manage their feelings.

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session: 4/8

Cost \$198, 6 sessions

THURSDAY

Art and Literature

Experience art coming to life through the use of children's stories and picture books. Your child will love to use their creativity from the ideas presented in the books each week!

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
4/9, 4/30

Cost \$165, 5 sessions

FRIDAY

Game On!

If your child loves games, this class includes board games, mental and physical games that all encourage sportsmanship while having fun!

Class is 45 minutes long:
12:30 – 1:15 PM

Program not in session:
4/10, 5/1

Cost \$165, 5 sessions

PROGRAM COST INCLUDES **BOTH** ENRICHMENT CLASSES AND SNACK & PLAY



SNACK AND PLAY

11:30 AM – 12:30 PM

Snacks Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
bagel	bagel	bagel	bagel	bagel
cream cheese + sliced cheese	cream cheese + sliced cheese	cream cheese + sliced cheese	cream cheese + sliced cheese	cream cheese + sliced cheese
fruit	fruit	fruit	fruit	fruit
vegetable	vegetable	vegetable	vegetable	vegetable
gogurt or applesauce	gogurt or applesauce	gogurt or applesauce	gogurt or applesauce	gogurt or applesauce
water	water	water	water	water

Children will be offered a variety of these food options per day. Fruits and vegetables will be based on seasonal availability; some items may be sliced apples, carrots, celementines and mandarin oranges. We will always have on hand and offer daily graham crackers, ritz crackers or goldfish as well.