



## FIRST PRESBYTERIAN PRESCHOOL

700 North Sheridan Road, Lake Forest, Illinois 60045 • 847.295.1214  
PRESCHOOL.FIRSTCHURCHL.FORG

### FIRST PRESBYTERIAN PRESCHOOL HEALTH POLICY 2022-23

To assist with a better understanding of the school's policies regarding common illness signs and symptoms, we have set up new guidelines for parental contact and when children are excluded from care at our center. **Courtesy calls** will be made by staff when any symptoms of illness occur in a child including:

- Vomiting –1 episode
- Diarrhea – 1 episode
- Any undetermined rash (even without presence of fever)
- Eye redness
- Elevated temperature – 100.0 degrees F or higher

**Emergency pick up calls** will be made when signs of sudden illness happen and parents or noted emergency contacts are expected to pick up the individual child within one hour of the call including:

- Vomiting –2 episodes
- Diarrhea – 2 episodes
- Skin rash that is red, spreading, may have pus blisters or fever
- Undiagnosed eye drainage
- Head lice or nits on hair shaft
- Elevated temperature – 100.0 degrees F combined with another major illness symptom listed above
- Fever – 100.0 degrees F and rising; taken every twenty minutes and reported

By working cooperatively together, we can ensure the health and safety of all children enrolled at our center. Parents/guardians can help:

- Be considerate and use good judgment; do not send your child to the Preschool ill.
- Please call as soon as possible to let the center know that your child will not be attending and the symptoms/diagnosis of illness or health concern.
- Make arrangements in case your child becomes ill and needs to be at home. Please make alternate arrangements to pick up your child if you cannot arrive at Preschool in a timely manner.
- Keep your child home until fever free for 24 hours without fever reducing medication.

All temperatures will be taken by touchless thermometer and reported as a direct reading to ensure accuracy. Once an elevated temperature is noted, children will be monitored every twenty minutes by the scanner to check rising trends.

### **COVID PROTOCOLS FOR 2022-23 SCHOOL YEAR as of 9.6.22**

Classrooms will no longer be closing for COVID-19 exposure. You will be notified if your child/children have had exposure and asked to monitor symptoms. There will not be a quarantine time or a need to test unless symptoms develop.

### **IF YOU ARE NOT FEELING WELL, PLEASE STAY HOME!**

#### **COVID-19 Suspicion or Diagnosis**

***All COVID-19 situations are handled individually, and the guidance and requirements can vary depending on individual circumstance.***

\*\*Any child or staff member suspected of having COVID-19 or diagnosed with COVID-19 shall be excluded from the facility. Symptoms of COVID-19 are cough, shortness of breath or difficulty breathing, fever (100.4 F or higher), chills, muscle pain, sore throat, "New" loss of taste or smell, nausea, vomiting and diarrhea.

\*\*If the child or staff member has symptoms of COVID-19 and subsequently is determined by a medical provider not to have a COVID-19 infection, the child or staff member may return to the Preschool if the following is met:

- No fever for 24 hours without the use of fever reducing medications (fever is temperature greater than 100.4 F)

\*\*If the child or staff member is diagnosed with COVID-19, he or she may not return to the Preschool until ALL the following are met:

- It has been at least 10 days since the onset of the individual's illness for individuals who are unable to mask. (All children under the age of 2 years old.)
- It has been at least 5 days since the onset of the individual's illness and then 5 days fully masked at school (both indoors and outdoors) for individuals able to mask. (Children/ Adults over the age of 2 years old.)
- Individual is free from fever without the use of fever-reducing medications for at least 72 hours.
- Individual can participate in group care.

**FAMILY/SIBLING POLICY:** Please closely monitor for symptoms. Siblings can attend school with extra precautions.

**TEST TO STAY PROTOCOL:** (Please see the attached flyer) If there were to be a rise in cases throughout our school community, we will employ a Test to Stay protocol as a mitigation strategy to keep children in school.

**If there was a need to close the school for safety purposes, please see the situation which will cause the school to close:**

If any governing body recommends school closings including but not limited to: Illinois Department of Health, Lake County Department of Health, Department of Education, CDC or The Department of Child and Family Services.

Updates to these procedures may be needed as new information is provided by the Centers for Disease Control, American Academy of Pediatrics, federal, state, and local officials.

If you have any questions or concerns regarding First Presbyterian Preschool and its policies, please feel free to contact the Director.

We appreciate your continued support as we work together to maintain a healthy environment for all the children, families, and staff.

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Child's Name

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Parent Signature

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Date