



# ENRICHMENT CLASSES

Trimester 1: September 18th – December 20th, 2023

Register online at [preschool.firstchurchlf.org/extended-day](https://preschool.firstchurchlf.org/extended-day). Registration begins August 17th and ends August 31st.

## MONDAY

### Train Like a Superhero

Everyone will dress in a Super Hero costume and enjoy agility, obstacle courses, drills and lots of FUN!

Class is 45 minutes long:  
12:30 – 1:15 PM

Program not in session:

9/25, 10/9, 10/23, 10/30, 11/6, 11/20

8 sessions \$272

## TUESDAY

### Amazing Athletes

An educational sports program empowering children through sports to develop personal confidence and inspire active futures.

Class is 45 minutes long:  
12:30 – 1:15 PM

Program not in session: 10/31, 11/7, 11/21

11 sessions \$374

## WEDNESDAY

### Little Dreamers

Weekly music classes culminating in a musical theatre performance.

Class is 45 minutes long:  
12:30 – 1:15 PM

Program not in session:

11/8, 11/22

12 sessions \$408

## THURSDAY

### Collective Dance

Your tiny dancer will explore creative dance and ballet in this whimsical dance class. We will have your young dancer moving with imaginative props, fun music and creative imagery. Come learn to plie and releve, leap like a dolphin, chasse like a unicorn and so much more!

Class is 45 minutes long:  
12:30 – 1:15 PM

Program not in session: 11/9, 11/23

11 sessions: \$374

## FRIDAY

### Play Skills 101

Play integrates children's experiences, knowledge and representations in order to help them create meaning and a sense to understand the world. Pretending requires children to think of things that are not actually present, a skill required in many learning and life situations.

Class is 45 minutes long:  
12:30 – 1:15 PM

Program not in session:

11/10, 11/24, 12/8

11 sessions: \$374

PROGRAM COST INCLUDES BOTH ENRICHMENT CLASSES AND SNACK & PLAY